

Family and Consumer Science*

COURSE DESCRIPTION: The middle school Family and Consumer Science course focuses on the introduction of skills and knowledge that will help young teenagers transition into the adult roles within the family. Students engage in activities to learn more about managing money, entering the world of work, establishing a home and family, preparing nutritious meals, working as part of a team, and caring for the environment and their community. Students gain an appreciation for the work of the family and how they as individuals contribute to the well-being of their family and their community.

COURSE OBJECTIVES:

- Explore roles and skills important to family life.
- Explore the contributions they make to family life and the community.
- Examine the role of the individual in the family.

PREREQUISITES: None

COURSE LENGTH: One Semester

REQUIRED TEXT: No required textbook for this course

MATERIALS LIST: No required materials for this course

COURSE OUTLINE:

Lesson 1- Money and You

Lesson 2- Work and You

Lesson 3- Establishing a Home

Lesson 4- A Responsible Consumer

Lesson 5- Teamwork

Lesson 6- Interpersonal Communications

Lesson 7- Decision Making

Lesson 8- Family

Lesson 9- Interior Design

Lesson 10- Technology

Lesson 11- A Safe Food Supply

Lesson 12- Healthy Diet

Lesson 13- Preparing Meals

Lesson 14- Child Development

Lesson 15- Caring for Children

Lesson 16- Reading with Children

Lesson 17- Conserving Resources

Lesson 18- Community Support

CREDITS: [Middle School Credits](#)

* = One semester (.5 credit) course