

Psychology – High School

Course Objectives

- ☐ Study the major concepts and theories of psychology.
- ☐ Be able to define and use key terms of psychology.
- ☐ Understand and be able to demonstrate research, and also be able to interpret and evaluate the validity of the research.
- ☐ Develop critical thinking skills to evaluate the vast amount of psychology that is presented in everyday literature.
- ☐ Be able to apply psychological principles to their own lives.
- ☐ Understand the many areas of psychology as both areas of study and possible career options.
- ☐ Build on their reading, writing, evaluation and discussion skills.
- ☐ Learn about the ethical standards that govern psychological research.

PREREQUISITES

An interest and a willingness to critically explore the many different areas presented in an introductory course about behavior.

COURSE LENGTH

One semester

REQUIRED TEXT

No required textbook for this course.

MATERIALS LIST

No required materials for this course.

COURSE OUTLINE

Unit 1 History and Methods

- ☐ Section 1: Introduction
- ☐ Section 2: Early Attempts to Understand Behavior
- ☐ Section 3: First Psychology Laboratory
- ☐ Section 4: Theories and Approaches
- ☐ Section 5: Research Methods and Ethical Concerns

Unit 2 Biological Basis

- ☐ Section 1: Introduction
- ☐ Section 2: How the Brain Is Studied
- ☐ Section 3: The Brain
- ☐ Section 4: The Neuron and the Nervous System
- ☐ Section 5: Sensation
- ☐ Section 6: Perception
- ☐ Section 7: Consciousness

Unit 3 Learning and Memory

- ☐ Section 1: Introduction
- ☐ Section 2: Classic Conditioning
- ☐ Section 3: Operant Conditioning
- ☐ Section 4: Social-cognitive Learning
- ☐ Section 5: Memory
- ☐ Section 6: Retrieval and Forgetting

Unit 4 Development and Individual Differences

- ☐ Section 1: Introduction
- ☐ Section 2: Issues, Methods, Prenatal Development and Infancy
- ☐ Section 3: Childhood and Adolescence
- ☐ Section 4: Adulthood
- ☐ Section 5: Personality and Individual Differences
- ☐ Section 6: Testing and Individual Differences

Unit 5 Stress and Mental Health

- ☐ Section 1: Introduction
- ☐ Section 2: Stress
- ☐ Section 3: History of Abnormal Behavior
- ☐ Section 4: Disorders
- ☐ Section 5: Treatment of Psychological Disorders

Final Exam

